# IDS 2935 Quest 1: The Anatomy of a Story



"Medicine is the most humanistic of the sciences and the most scientific of the humanities." Edmund Pellegrino

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### **Course Description**

In his book, *When Breath Becomes Air*, physician and patient, Paul Kalanithi writes, "Science may provide the most useful way to organize empirical, reproducible data, but its power to do so is predicated on its inability to grasp the most central aspects of human life: hope, fear, love, hate, beauty, envy, honor, weakness, striving, suffering, virtue." The humanities provide the link between the experiences of human life and science, and storytelling is fundamental to the human experience. Through storytelling we share our own experiences and hear the experiences of others, those like us and those who are very different. Storytelling, too, is fundamental to medicine as it tells of the intersections of illness, race, gender, and class. Many health professionals and patients share their stories to connect the practice with the need to understand what it means to be sick, and by putting experiences into words, we learn about the human condition. In this course, rather than learning the anatomy of a body, we will learn the anatomy of stories about medicine in film, literature, non-fiction, poetry, music, and art to answer the following essential questions: How is our understanding of the human condition constructed through and by the stories that we hear and tell, and how can these stories help us understand health, suffering, illness, disability, or disease?

Because future medical professionals need to be creative and analytical, empathetic and intuitive, and ultimately skilled critical thinkers and communicators, immersion in the humanities will foster these abilities. To do this we will explore what medicine means from the experience of the patient and the experience of the health professional. To add to our understanding, we will have guest lectures with practicing physicians, artists, therapists, and other health professionals who will share their own stories of health and healing. We will also visit exhibitions that exemplify medicine and the body. Ultimately,

instead of focusing on the illness and the treatment, we will use the humanities to help us comprehend the emotional experience of the world of medicine. Through these stories that address diversity through the topics and through the voices of diverse authors, we will discover just what it means to be both a patient and a health professional, what it means to be human.

## **Course Outcomes**

By the end of this course, students will be able to

- Identify, describe, and explain the methodologies used across humanities disciplines to examine essential questions about the storytelling, identity, and the examined life.
- Analyze how texts across disciplines and genres and diverse populations represent the relationships between storytelling, medicine, culture, and identity.
- Develop and present clear and effective oral and written work that demonstrates critical engagement with course texts, films, and experiential learning activities.
- Connect course content with their intellectual, personal, and professional lives at UF and beyond.
- Reflect on their own and others' experience with medicine in Think Pieces and a final analytical essay.

# **Required Texts**

#### **Required Purchases**

Kalanithi, Paul. *When Breath Becomes Air* (Memoir) Shelley, Mary. *Frankenstein* (Available on *Project Gutenburg* for free) Small, David. *Stitches* (graphic novel)

The following articles, excerpts, films, and short stories for the class will be made available on Canvas or in class:

<u>Articles</u> Cole, Thomas, and Ronald Carson, "Introducing Medical Humanities" *Medical Humanities: An Introduction* (20 pp.) Davis, Lennard J. "Constructing Normalcy." (15 pp.) Scott McCloud, *Understanding Comics* (selections) (16 pp.) Lewis. B. "Narrating Our Sadness with a Little Help from the Humanities." (9 pp.)

### Non-Fiction

Gottleib, Lori. *Maybe You Should Talk to Someone* (excerpts: "The Beginning of Knowing" and "Snapshots of Ourselves" (11 pp.) Skloot, Rebecca. *The Immortal Life of Henrietta Lacks* (nonfiction)

<u>Short Stories</u> Gilman, Charlotte Perkins. "The Yellow Wallpaper" (10 pp.) Jamison, Leslie. "The Empathy Exams" (26 pp.) Selzer, Richard. "Imelda" (14 pp.) Williams, William Carlos, "The Use of Force" (3 pp.) <u>Poetry</u> McManus, James, "Spike Logic" Hieu Minh Nguyen, "Type II" Kenyon, Jane. "Having it Out with Melancholy"

<u>Art</u> Kahlo, Frida. "Broken Body" and "Without Hope" Munch. Edvard. *The Scream* and *Death in the Sickroom* 

<u>Videos</u> *Wit* (2001) *Star Trek: The Next Generation:* "Ethics" "Surviving a Lynching" *The New Yorker*, 2021. "The Problem with Race-Based Medicine" Dorothy Roberts (Ted Talk) "How Racism Makes Us Sick" David R. Williams (Ted Talk) "A Doctor's Touch" Abraham Verghese (Ted Talk)

Recommended writing guide: Williams, Joseph: Style: The Basics of Clarity and Grace

## **Experiential Learning Activities**

For experiential learning opportunities, we will visit the Arts in Medicine Program's music program at Oak Hammock and the Harn Museum to look at images of the body in medicine, sickness, and health. We will also have classroom visits from practicing medical professionals, such as therapists and physicians, who will share their own stories and the importance of stories in their careers.

### **Assignments and Grading**

The table below provides descriptions of all major assignments.

	Description	Points
Exams	Exams Three in-class written examinations to demonstrate knowledge of humanities methodologies and engagement with course materials (100 points each)	
Think Pieces	Think PiecesEngagement with readings, self-reflection, and questions relating to the texts, storytelling, and medicine. (200+ wds) (4 x 50 points)	
Interview	Interviewing a person with a physical, emotional, learning, or psychiatric disability, includes reflection.	100
Experiential Learning Activity	A Harn museum visit with activity.	75
Final Analytical Essay	Research-based analysis essay that explores the concepts of storytelling, narratives, and medicine. (2000 wds) Peer review (25 pts) Essay feedback provided before the end of finals week	25 175
Quizzes	Ten unannounced reading quizzes that demonstrate a close reading of the assigned texts. (10 x 10)	125
Total Points		1000

Successful assignments will illustrate a careful regard for spelling, grammar, and formatting and citation guidelines. Do not rely on your instructor for copy-editing, even on first drafts.

To receive a passing grade in the course, **every** assignment's word count minimum must be met. Submitted assignments short of the minimum word count will receive a 0.

#### **Rubric for Grading Think Pieces (ThP)**

Think Pieces are an opportunity for students to synthesize, reflect upon, and begin to analyze materials and experiential activities assigned for this class. They also provide an opportunity to engage with the materials in a personal way. **Do not** use any outside help or sources for this assignment. You should write in first person and make connections between your life, the sources, and what is happening to the way your thinking might be changing. The following rubric will be used for grading ThPs.

Rubric	Points
Thorough on-point, thoughtful take on the materials.	Full credit
	(45-50)
Competent and complete but may lack clarity, specific detail, and/or development of	Partial
thoughts.	credit
	(15-45)
Incomplete, poorly written, shows little involvement with the materials.	Some
	credit
	(1-15)
No submission	0

### **Grading Scale**

For information on how UF assigns grade points, visit: <u>https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/</u>

А	4.0	94-100	940-1000	С	2.0	74-76	740-769
A-	3.67	90-93	900-939	C-	1.67	70-73	700-739
B+	3.33	87-89	870-899	D+	1.33	67-69	670-699
В	3.0	84-86	840-869	D	1.0	64-66	640-669
B-	2.67	80-83	800-839	D-	0.67	60-63	600-639
C+	2.33	77-79	770-799	E	0.00	0-59	0-599

### Writing Requirement (WR 2,000)

For courses that confer WR credit, the course grades now have two components: To receive writing credit, a student must receive a grade of "C" or higher. You **must** turn in all assignments totaling 2,000 words to receive credit for writing 2,000 words. The writing requirement ensures students both maintain their fluency in writing and use writing as a tool to facilitate learning.

PLEASE NOTE: a grade of "C-" will not confer credit for the University Writing Requirement.

The instructor will evaluate and provide feedback on the student's written assignments with respect to content, organization and coherence, argument and support, style, clarity, grammar, punctuation, and mechanics. Conferring credit for the University Writing Requirement, this course requires that papers conform to the following assessment rubric. More specific rubrics and guidelines applicable to individual assignments may be delivered during the course of the semester.

# **General Education Writing Assessment Rubric**

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	SATISFACTORY	UNSATISFACTORY
CONTENT	Papers exhibit at least some evidence of ideas that respond to the topic with complexity, critically evaluating and synthesizing sources, and provide at least an adequate discussion with basic understanding of sources	Papers either include a central idea(s) that is unclear or off- topic or provide only minimal or inadequate discussion of ideas. Papers may also lack sufficient or appropriate sources.
ORGANIZATION AND COHERENCE	Documents and paragraphs exhibit at least some identifiable structure for topics, including a clear thesis statement but may require readers to work to follow progression of ideas.	Documents and paragraphs lack clearly identifiable organization, may lack any coherent sense of logic in associating and organizing ideas, and may also lack transitions and coherence to guide the reader.
ARGUMENT AND SUPPORT	Documents use persuasive and confident presentation of ideas, strongly supported with evidence. At the weak end of the Satisfactory range, documents may provide only generalized discussion of ideas or may provide adequate discussion but rely on weak support for arguments.	Documents make only weak generalizations, providing little or no support, as in summaries or narratives that fail to provide critical analysis.
STYLE Documents use a writing style with word choice appropriate to the context, genre, and discipline. Sentences should display complexity and logical sentence structure. At a minimum, documents will Document inapprop discipline		Documents rely on word usage that is inappropriate for the context, genre, or discipline. Sentences may be overly long or short with awkward construction. Documents may also use words incorrectly.
MECHANICS	Documents rely on word usage that is inappropriate for the context, genre, or discipline. Sentences may be overly long or short with awkward construction. Documents may also use words incorrectly.	Papers contain so many mechanical or grammatical errors that they impede the reader's understanding or severely undermine the writer's credibility.

# Weekly Schedule

The schedule is tentative and subject to change. Check Canvas for any updates.

Week	Monday	Wednesday	Friday			
	Introduction to the Quest, Narratives, and the Medical Humanities					
An int	roduction to the Quest program a	and an introduction to what it me	eans to study the humanities.			
	The readings and the poem	introduce the importance of nar	rative in medicine			
		8/2	8/25			
1			In class activity and			
		Introduction to the course	discussion			
		and activity	Reading Due: "What Value			
			Do the Humanities Have?"-			
			Butler			
	8/28	8/30	9/1			
2	In class activity and discussion	In class activity and	In class activity and			
		discussion	discussion			

	Reading Due: "Introducing the Medical Humanities" – Cole and Carson	Reading Due: "Spike Logic" – McManus "Type II" – Nguyen Due: "Getting to Know You"	Reading Due: "Imelda" – Selzer <b>Think Piece 1 Due</b>			
	Module 1: Bodies An exploration of Kalanithi's story of his life as a doctor and his illness. What happens when a doctor					
becon	nes ill? The study of the important and an introducti	ce of seeing bodies, are introduc on to the theory of narrative stru				
	9/4	9/6	9/8			
3	Labor Day: No Class	Zoom activity and discussion	Out of Class Activity (Canvas)			
		Reading Due: Kalanithi				
		Prologue – Page 54 (end at				
	9/11	"The first birth I witnessed") 9/13	9/15			
4	Out of Class Activity: Harn Museum	Zoom activity and discussion	Out of Class Activity (Canvas)			
		Reading Due: Kalanithi Page				
		54 – Part II – 166 (end at "On				
	2/12	a crystalline spring morning")	a /aa			
5	9/18	9/20	9/22			
5	In class activity and discussion	In class activity and	Arts in Medicine			
		discussion	Presentation			
	Reading Due: "The Empathy					
	Exams" – Jamison	Reading Due: Kalanithi— remainder of book	Think Piece 2 Due			
_	9/25	9/27	9/29			
6	In class activity and discussion		Module 1 In-Class			
	Reading Due: Costello – "The	Examination Preparation	Examination			
	Implications of Plot Lines in	Review				
	Illness and Memoir"					
Module 2: Minds						
illnes	What does it mean to be "normal"? When we talk about mental health, what do we mean? Mental illness is, quite often, an invisible and highly stigmatized disease, so how can stories help us change					
that? Gottleib introduces the power of communication and our own stories in order to heal. How can sharing stories help ourselves and others? Why do stories matter?						
	10/2	10/4	10/6			
7	In class activity and discussion	In class activity and	Homecoming: No Class			
		discussion				
	Reading Due: "Constructing	Reading Duce "The Vallow				
	Normalcy" – Davis	Reading Due: "The Yellow Wallpaper" – Gilman				
	10/9	10/11	10/13			
8	Introduction to graphic novels	,	, - 			

		In class activity and	In class activity and
	Reading Due: Small – "I Was Six"	discussion	discussion
		Reading Due: Small – "I Was Eleven"	Reading Due: Small – "I Was Fourteen and Fifteen"
9	10/16 In class activity and discussion	10/18	10/20
	Reading Due: Gottleib – "The Beginning of Knowing and Snapshots of Ourselves"	In class activity and discussion Reading Due: Kenyon –	Guest Lecture: Dr. Hahn (UF Medical School)
		"Having it Out with Melancholy"	Think Piece 3 Due
10	10/23	10/25	10/27
10	In class activity and discussion Reading Due: "Narrating Our	In class activity and discussion	Module 2 In-Class Examination
	Sadness" – Lewis	Reading Due: Hawkins – "Reconstructing Illness" Watch: "Surviving a Lynching"	
and H	is the morality and the ethics of e enrietta Lacks tell us about scienc althcare? How can diverse stories 10/30	e experiments and how we treat	t people? Are there disparities
11	In class activity and discussion	Reading Due: Shelly – Frankenstein 1-46	In class activity and discussion
	Reading Due: Williams – "The Use of Force" and Webb & Brawley – "Chief Complaint" Interview Due	Watch: "Ethics" <i>Star Trek</i>	Reading Due: Shelly – <i>Frankenstein</i> 47-98
12	11/6 In class activity and discussion	11/8 In class activity and discussion	11/10 Veteran's Day: No Class
	Reading Due: Shelly – <i>Frankenstein</i> 99-149	Reading Due: Skloot – 1-55	
13	11/13 In class activity and discussion	11/15 In class activity and discussion	11/17 Watch <i>Wit</i>
	Reading Due: Skloot – 56-104		

		Reading Due: Reading Due: Skloot – 105-151	Think Piece 4 due
14	11/20	11/22	11/24
	Module 3 In-Class Examination	Thanksgiving: No Class	Thanksgiving: No Class
		odule 4: My Contribution	
How I	s a selected story (art, film, fiction of the types of me	n, non-fiction, graphic novel, or vedical narratives introduced in th	
45	11/27	11/29	12/1
15	Writing Workshop	Writing Workshop	Peer Review Due
	12/4	12/6	
16	Reflections	Evaluations and Final Wrap	
	Final Paper Due	Up	

# Student Learning Outcomes (SLOs)

At the end of this course, students will be expected to have achieved the <u>Quest</u> and <u>General Education</u> learning outcomes as follows:

**Content**: Students demonstrate competence in the terminology, concepts, theories and methodologies used within the discipline(s).

- Identify, describe, and explain the methodologies used across humanities disciplines to examine essential questions about the storytelling, identity, and the examined life.
- Identify, describe, and explain the ethical and empirical issues related to experiences in health, (dis)ability, mental illness, and access to health care through the lens of stories shared in art, literature, nonfiction, and film.
- Identify, describe, and explain the ethical and empirical issues related to experiences in health, (dis)ability, mental illness, and access to health care and how those are seen through intersections of gender, race, and identity with other identity categories such as (but not limited to) class, ethnicity, race, age, and disability.

**Critical Thinking**: *Students carefully and logically analyze information from multiple perspectives and develop reasoned solutions to problems within the discipline(s).* 

- Analyze how texts across disciplines and genres and diverse populations represent the relationships between storytelling, medicine, culture, and identity.
- Analyze and evaluate diverse stories in the medical humanities, identity, and the examined life through diverse texts, images, and films by using close reading, critical analysis, and reflection.
- Analyze and evaluate texts, film, and art by and about a diverse group of healthcare professionals, patients, and artists that depict how social inequities are constructed and affect the opportunities and constraints of the US population in regard to medicine.

**Communication**: Students communicate knowledge, ideas and reasoning clearly and effectively in written and oral forms appropriate to the discipline(s).

• Develop and present clear and effective oral and written work that demonstrates critical engagement with course materials

**Connection**: Students connect course content with meaningful critical reflection on their intellectual, personal, and professional development at UF and beyond.

- Connect course content with their intellectual, personal, and professional lives at UF and beyond.
- Connect own experiences with those of others, examine the intellectual development and reflect on the implications of the course materials, and reflect on the implications for future professions.

# Quest Learning Experiences

## **Experiential Learning Component**

For experiential learning opportunities, students will visit the the Harn Museum to look at images of the body in medicine, sickness, and health. Students will also have classroom visits from practicing medical professionals, such as therapists and physicians, who will share their own stories and the importance of stories in their careers. Finally, students will have the opportunity to interview an individual who works in healthcare or has engaged with healthcare.

### Self-Reflection Component

Self-reflection is built into the core assignments in the class. Students will have reflections in Think Pieces and following after the interview assignment and the final paper for the course.

# **VI. Required Policies**

# **Attendance Policy**

**Attendance is required**. Students are allowed two unexcused absences without penalty. On the third and subsequent absences, 25 points per absence will be deduced from the final grade in the class.

With a valid excuse, students can arrange to complete missing work. Without a valid excuse, assignments will receive a 10% per day deduction on the final grade of the assignment. Quizzes will only be given in class.

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: <a href="https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx">https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx</a>

### Students Requiring Accommodation

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting <a href="https://disability.ufl.edu/students/get-started/">https://disability.ufl.edu/students/get-started/</a>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

### **UF Evaluations Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <a href="https://gatorevals.aa.ufl.edu/students/">https://gatorevals.aa.ufl.edu/students/</a>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or

via <u>https://ufl.bluera.com/ufl/</u>. Summaries of course evaluation results are available to students at <u>https://gatorevals.aa.ufl.edu/public-results/</u>.

## University Honesty Policy

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code

(<u>https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/</u>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

# Counseling and Wellness Center

Contact information for the Counseling and Wellness Center: <u>http://www.counseling.ufl.edu/</u>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

# The Writing Studio

The writing studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Visit the writing studio online at <a href="http://writing.ufl.edu/writing-studio/">http://writing.ufl.edu/writing-studio/</a> or in 2215 Turlington Hall for one-on-one consultations and workshops.