IDS 2935: Urban Nature and Society Quest 1: Nature and Culture

I. General Information

Class Meetings

- Spring 2024
- 100% In-Person, 66 residential students, 3 break-out sections, 22 students per section: Section 1: Tuesdays, Periods 3-4, Location: TBD (professor's instruction) Thursday, Period 2, Location: TBD (GTA-led discussion)
 Section 2: Tuesdays, Periods 3-4, Location: TBD (professor's instruction) Thursday, Period 3, Location: TBD (GTA-led discussion)
 Section 3: Tuesdays, Periods 3-4, Location: TBD (professor's instruction)
 - Thursday, Period 4, Location: TBD (GTA-led discussion)

Instructor

- Daniel P. Manley, PLA, ASLA
- ARC 431E
- Mondays, 12:30-2:30 PM or by appointment
- dpmanley@ufl.edu

Teaching Assistant

- Maegan Mikkelson
- Office location: TBD
- Office hours: TBD or by appointment
- mmikkelson@ufl.edu

Course Description

This Quest 1 course explores the importance and value of nature and open space in our urban environments. As much of the world's population lives in urbanized areas, society's interactions with urban nature becomes increasingly important in improving the quality of urban life in our cities. We will discuss the concept of nature in various context and study environmental, social, and health benefits that nature provides specifically in an urban context. We will investigate specific theories, research and case studies that demonstrate the variety of societal benefits urban nature provides and how these spaces reinforce community identity and sense of place.

This Quest 1 course addresses the theme of nature and culture. We will explore our conceptions of nature, how human intervention has shaped nature in the urban context, and the important role that nature plays in those contexts. It answers the essential question: how can we incorporate nature into

urbanized areas to provide societal benefits and allow people to connect with nature and place in everyday urban life? How can we use this knowledge across multiple professions to improve quality of life and affect positive change in our urban communities?

Quest and General Education Credit

- Quest 1
- Humanities

This course accomplishes the <u>Quest</u> and <u>General Education</u> objectives of the subject areas listed above. A minimum grade of C is required for Quest and General Education credit. Courses intended to satisfy Quest and General Education requirements cannot be taken S-U.

Required Readings and Works

There is no required textbook. All required readings and works are available in Canvas. Materials and Supplies Fees: n/a

II. Graded Work

Description of Graded Work

Discussion and Reflection Journal (30% of grade – 7 submissions throughout semester)

Students will keep a weekly journal throughout the course that reflects on the discussions in class and reflects on prompts provided each week. Students will be expected to sketch as part of the journal exercise. The quality of the sketch is not evaluated; meaning, you do not have to be artist to sketch. The quality of thought behind your journal entries and your willingness to participate in the sketching exercise are the criterion for the journal submittal.

Quizzes (10% of grade – 10 quizzes @ 1% each)

Throughout the semester, you will be expected to complete quizzes on Canvas that test your knowledge of the subject matter found in the readings and media assigned.

Photo Montages (20% of grade – 5 montages @ 4% each)

There will be multiple experiential exercises in the semester where you will explore urban nature on campus and the surrounding area. You will document these experiences through photo montages. These photo montages will be provided digitally and presented during your discussion sessions.

Urban Nature Paper (40% of grade)

This is an experiential assignment. You are to identify an urban nature site on campus or within the surrounding area that you believe demonstrates the qualities identified in one or more of the following: Kaplan and Kaplan's Attention Restoration Theory, Ulrich's Stress Reduction Theory, and the principles of Biophilc Design. You will write a paper (1,000 word minimum) that provides a clear thesis, defends your claim and explains in detail how the site characteristics accomplish the goals of these theories. You should research precedent case studies in other cities and use them to strengthen your argument by demonstrating how your site is similar. Based on your study of the theories and your experience of the site, discuss how these theories either reinforce each other conflict with each other, or have no impact

on each other. You should also explain how your site may not meet the goals of these theories. Please format your paper and references in MLA style. Include figures, graphics, and photos as appropriate.

Grading Scale

For information on how UF assigns grade points, visit: <u>https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/</u>

А	94 - 100%	С	74 – 76%
A-	90 – 93%	C-	70 – 73%
B+	87 – 89%	D+	67 – 69%
В	84 – 86%	D	64 – 66%
B-	80 - 83%	D-	60 – 63%
C+	77 – 79%	E	<60

III. Annotated Weekly Schedule

Week	Topics, Homework, and Assignments
Week 1	 Topic: The Impact of Urbanization on Nature Summary: This week we will discuss how urbanization and suburbanization in the United States has impacted nature at various scales. We will look at the impacts to natural systems at the landscape scale including ecology and hydrology. We will also discuss the impacts at the site scale and explore how these landscape changes affect the quality of life in our cities and towns. (SLO#1) Required Readings/Works: McHarg, Ian L. <i>Design with Nature</i>. New York: J. Wiley, 1992, pp. 1-5. McHarg, Ian L. <i>"The Place of Nature in the City of Man." The Annals of the American Academy of Political and Social Science</i> 352.1, 1964: 1–12. Saudi, Theodore W. Man, Nature, City : the Urban Ecosystem. District of Columbia: GPO 1971, 1971. (28 pages) Assignment: Discussion and Reflection Journal - Weeks 1 and 2 [due Tuesday – Week 3 at 8:30 am] and Quiz 1 [due by following Tuesday – Week 2 at 8:30 am] (SLO#5,7)
Week 2	 Topic: What is Nature? The Nature Transect: from Wilderness to Suburbia Summary: Is nature only those wilderness areas untouched by humans? With the impacts of rapid urbanization and development throughout the United States, we will define the concept of nature using the transect as a framework for classifying open space in our modern landscape. (SLO#1,2) Required Readings/Works: New Urbanism : Comprehensive Report & Best Practices Guide. 2nd ed., expanded and completely updated. Ithaca, N.Y: New Urban Pub., 2001. Print.

Week	Topics, Homework, and Assignments
	 Burns, Ken, Peter. Coyote, and Dayton. Duncan. The National Parks. The Scripture of Nature : America's Best Idea. Arlington, VA: Public Broadcasting Service PBS, 2009. Film. (video: 1 hr 55 min) Leopold, Aldo. A Sand County Almanac, and Sketches Here and There. "Special commemorative edition". New York: Oxford University Press, 1987, pp. 188-200. Assignment: Discussion and Reflection Journal - Weeks 1 and 2 [due Tuesday – Week 3 at 8:30 am], Quiz 2 [due by following Tuesday – Week 3 at 8:30 am]
Week 3	 Topic: What is Nature? The Nature Transect: from Suburbia to Urban Cores Summary: This week, we will contemplate the concept of nature in our urban environments. We will review various examples of urban nature and the important role they play in urban environments. (SLO#1,2) Required Readings/Works: 10 Parks That Changed America: #4 Central Park (<u>https://interactive.wttw.com/ten/parks/central-park</u>) (video 1: 6:22 min, video 2: 2:53 minutes) Kaplan, R., "The Role of Nature in the Urban Context" Altman, Irwin., and Joachim F. Wohlwill. <i>Behavior and the Natural Environment</i>. New York: Plenum Press, 1983, pp. 127-161. Assignment: Discussion and Reflection Journal – Weeks 3 and 4 [due Tuesday - Week 5 at 8:30 am], Photo Montage 1: Local Urban Nature [due by following Wednesday – Week 4 at 11:59 pm](SLO#4,5,7)
Week 4	 Topic: The Benefits of Urban Nature – Landscape Performance and Ecosystem Services Summary: Landscape performance seeks to quantify the benefits of open space to the public. This week, we will review environmental, social, and economic benefits that urban nature and green open spaces can provide using the Landscape Architecture Foundation's Landscape Performance Series and the Sustainable Sites Initiative as models. (SLO#3) Required Readings/Works: Landscape Architecture Foundation. Evaluating Landscape Performance: A Guidebook for Metrics and Methods Selection, 2018. (https://www.landscapeperformance.org/sites/default/files/LAF-Evaluating-Performance-Guidebook.pdf) (pp. 1, 7, 15, 20-21, 30-31, 40-41, 51, 56-57, 70-71, 75) Calkins, Meg. The Sustainable Sites Handbook. Hoboken, N.J: Wiley, 2011, pp. 1-25. Assignment: Discussion and Reflection Journal – Weeks 3 and 4 [due Tuesday - Week 5 at 8:30 am], Quiz 3 [due by following Tuesday – Week 5 at 8:30 am](SLO#5,7)

Week	Topics, Homework, and Assignments	
Week 5	 Topic: The Physiological Benefits of Urban Nature Summary: Urban nature positively contributes to human mental health and wellbeing. This week, we will explore the various areas of research and theories in promoting mental health through urban nature. (SLO#3,4) Required Readings/Works: U.S. Department of Agriculture, Forest Service. <u>Urban nature for human health and well-being: a research summary for communicating the health benefits of urban trees and green space</u>. FS-1096. Washington, DC, 2018. (24 pages) Assignment: Discussion and Reflection Journal – Weeks 5 and 6 [due by Tuesday – Week 7 at 8:30 am], Quiz 4 [due by following Tuesday – Week 6 at 8:30 am](SLO#5,7) 	
Week 6	 Topic: The Psychological and Mental Health Benefits of Urban Nature Summary: Much research has been done regarding the psychological and mental health benefit of urban nature in our urban environments. We will review general areas of research regarding those benefits and discuss specific areas of mental wellness including Shinrin-Yoku: Forest Bathing (SLO#2,3) Required Readings/Works: Miyasaki, Yoshifumi. Shinrin-yoku: The Japanese Way of Forest Bathing for Health and Relaxation. Octopus Books, 2018, pp. 23-39, 64-93. Assignment: Discussion and Reflection Journal – Weeks 5 and 6 [due by Tuesday – Week 7 at 8:30 am], Photo Montage 2: Shinrin-Yoku [due by following Wednesday – Week 7 at 11:59 pm] (SLO#5,6,7) 	
Week 7	 Topic: Biophilia, Biophobia, and Biophilic Design Summary: We will explore the concept of biophilia as a premise for the benefits of urban nature in promoting improved mental health. We will also discuss the concept of biophobia and the potential reasons for a negative attitude towards nature. Finally, we will identify the basic principles of biophilic design and how it can be used in the design of our built environment to connect people to nature. (SLO#2,3,4) Required Readings/Works: Kellert, Stephen R. "The Biological Basis for Human Values of Nature." The Biophilia Hypothesis, edited by Stephen Kellert and Edward O. Wilson, Island Press, 1992, pp. 42-69 Terrapin Bright Green. <u>The 14 Patterns of Biophilc Design: Improving Health & Well Being in the Urban Environment</u>, 2014, pp. 3-23. ILFI The Bullitt Center: A Living Building <u>https://youtu.be/6TvlwAgi-vO</u> (video: 6:15 minutes) Patuano, Agnès. "Biophobia and Urban Restorativeness." Sustainability (Basel, Switzerland) 12.10 (2020): 4312–. Web. (23 pages) Assignment: Discussion and Reflection Journal – Weeks 7 and 8 [due by Tuesday – Week 9 at 8:30 am], Photo Montage 3: Campus Biophilic Design [due by following Wednesday – Week 8 at 11:59 pm](SLO#5,6,7) 	

Week	Topics, Homework, and Assignments
Week 8	 Topic: Stress Reduction Theory Summary: Roger Ulrich's groundbreaking study that demonstrated improved recovery for surgery patients with a window view was instrumental in laying the foundation for his Stress Reduction Theory. This week will discuss, in detail, the various aspects of his theory and how it can be applied in urban nature. (SLO#1,2,3) Required Readings/Works: Ulrich, Roger S. "View through a window may influence recovery from surgery." <i>Science</i>, vol. 224, 27 Apr. 1984, pp. 420-421. Ulrich, Roger S. "Effects of Gardens on Health Outcomes: Theory and Research." In <i>Healing Gardens: Therapeutic Benefits and Design Recommendations</i>, edited by C. Cooper Marcus and M. Barnes. New York: John Wiley and Sons, 1999, pp 27-86. Assignment: Discussion and Reflection Journal – Weeks 7 and 8 [due by Tuesday – Week 9 at 8:30 am], Quiz 5 [due by following Tuesday – Week 9 at 8:30 am](SLO#5,7)
Week 9	 Topic: Attention Restoration Theory Summary: Environmental psychologists Kaplan and Kaplan's work in restorative landscapes demonstrates how urban nature can help in mental fatigue recovery. We will review their Attention Restoration Theory and how it can be applied in our urbanized context. (SLO#1,2,3) Required Readings/Works: Kaplan, S. "The Restorative Benefits of Nature: Toward an Integrative Framework." Journal of Environmental Psychology 15, 1995, pp. 169-82. Assignment: Discussion and Reflection Journal – Weeks 9, 10 and 11 [due by Tuesday – Week 12 at 8:30 am], Photo Montage 4: Attention Restoration Theory [due by following Wednesday – Week 10 at 11:59 pm](SLO#5,6,7), Urban Nature Paper [due Wednesday – Week 16 at 11:59pm, see Canvas for interim deadlines] (SLO#5,6,7)
Week 10	Spring Break (No Classes)
Week 11	 Topic: The Environmental Benefits of Urban Nature Summary: This week, we will explore the general environmental benefits of urban nature and the role that urban nature can play in improving the quality of life in urban environments through environmental benefits such as reduction of heat island effect, carbon sequestration, and habitat enhancement. (SLO#3) Required Readings/Works: Valuing Urban Nature – Implications for Air Quality, Heat Mitigation, and Emissions Reductions. Stanford Woods Institute for the Environment, 2019. (4 pages) Earth Economics. Urban Heat Island Analysis – Broward County Case Study, 2020. (2 pages) Oberndorfer, Erica et a. "Green Roofs as Urban Ecosystems: Ecological Structures, Functions, and Services." Bioscience 57.10 (2007): 823–833. Web.

Week	Topics, Homework, and Assignments
	 Assignment: Discussion and Reflection Journal – Weeks 9, 10 and 11 [due by Tuesday – Week 12 at 8:30 am], Quiz 6 [due by following Tuesday – Week 11 at 8:30 am](SLO#5,7)
Week 12	 Topic: Environmental and Ecological Planning: The Florida Ecological Greenways Network and the Florida Wildlife Corridor Summary: From the foundational work of Ian McHarg, we will discuss the work being done in environmental and ecological planning at the landscape scale to reconnect our cities and urban centers to our natural environment in an effort to promote biodiversity and habitat protection as our population centers continue to grow. Specifically, we will look at the Florida Ecological Greenways Network and the Florida Wildlife Corridor as a model for ecological planning. (SLO#1,2,3,4) Required Readings/Works: Hoctor, T., R. Noss, R. Hilsenbeck, J. Gutherie, and C. Ward. <u>The History of Florida</u> <u>Wildlife Corridor Science and Planning Efforts</u>, 2015. (10 pages) McHarg, Ian L. <i>Design with Nature</i>. New York: J. Wiley, 1992, pp. 104-115 Roberts, William H., and Jonathan Sutton. "Seeking the Right Environmental Fit for a New Resort Community at Amelia Island, Florida." Landscape Architecture, vol. 63, no. 3, 1973, pp. 239–50. JSTOR, http://www.jstor.org/stable/44677209. Assignment: Discussion and Reflection Journal – Weeks 12 and 13 [due by Tuesday – Week 14 at 8:30 am], Quiz 7 [due by following Tuesday – Week 13 at 8:30 am](SLO#5,7)
Week 13	 Topic: Nature-Based Solutions – Resiliency Summary: What are Nature Based Solutions (NBS) and how can they be used at the site scale to heal our cities and urbanized landscapes? We will explore the concept of NBS and look at examples of Nature Based Solutions currently being implemented with an emphasis on resiliency in an effort to protect and enhance our coastal cities. (SLO#1,3,4) Required Readings/Works: Bridges, T. S., E. M. Bourne, B. C. Suedel, E. B. Moynihan, and J. K. King. <i>Engineering With Nature: An Atlas, Volume 2. ERDC SR-21-2.</i> Vicksburg, MS: U.S. Army Engineer Research and Development Center, 2021, http://dx.doi.org/10.21079/11681/40124, pp. 2-11. Gueze, Adriaan and Matthew Skjonsberg. "Second Nature: New Territories for the Exiled" in <i>Landscape Infrastructure Case Studies by SWA – Second and Revised Edition. N.p., 2013</i>, pp. 14-19. Aquino, Gerdo. "Infrastructural Futures," Lecture, 2017. (Video: 49:01 min) Assignment: Discussion and Reflection Journal – Weeks 12 and 13 [due by Tuesday – Week 14 at 8:30 am], Quiz 8 [due by following Tuesday – Week 14 at 8:30 am], SLO#5,7)
Week 14	 Topic: Green Stormwater Infrastructure Summary: This week we will look at how green stormwater infrastructure can solve environmental issues in a way that reinforces culture, a sense of place, and a connection to nature. (#SLO1,3,4)

Week	Topics, Homework, and Assignments	
	 Required Readings/Works: Echols, Stuart., and Eliza. Pennypacker. Artful Rainwater Design. 1st ed. Washington, DC: Island Press/Center for Resource Economics, 2015, pp. 7-22. Assignment: Discussion and Reflection Journal – Weeks 14 and 15 [due by Tuesday – Week 16 at 8:30 am], Photo Montage 5: Green Stormwater Infrastructure [due by following Wednesday – Week 15 at 11:59 pm] (SLO#5,6,7) 	
Week 15	 Topic: The Social Benefits of Urban Nature: Reconnecting Society and the Urban Fabric Summary: How can urban nature address societal issues? This week we will look at examples of urban nature and how they have been used to restitch the urban fabric in a way that addresses social issues and promotes a better quality of urban life. Specifically, we will look at Freeway Park in Seattle, Washington. (SLO#1,3,4) Required Readings/Work: 10 Parks That Changed America: #8 Freeway Park https://interactive.wttw.com/ten/parks/freeway-park (video 1: 5:41 minutes, video 2: 3:01 minutes) The Landscape Architecture of Lawrence Halprin: Freeway Park https://www.tclf.org/sites/default/files/microsites/halprinlegacy/freeway-park.html (video: 5:20 minutes) Assignment: Discussion and Reflection Journal 14 and Quiz 9 [due by following Monday at 11:59 pm](SLO#5,7) 	
Week 16	 Topic: The Social Benefits of Urban Nature: Connecting Society to History, Culture, and a City's Sense of Place Summary: How can urban nature reinforce history, culture and a sense of place. We will review case studies of parks in the United States that provide cultural and interpretive opportunities that strengthen a city's identity and sense of place. (SLO# 3,4) Required Readings/Work: 10 Parks That Changed America: #9 Gas Works Park https://interactive.wttw.com/ten/parks/gas-works-park (video 1: 6:01 minutes, video 2: 5:08) 10 Parks That Changed America: #10 The High Line https://interactive.wttw.com/ten/parks/the-high-line (video 1: 7:02 minutes, video 2: 2:46 minutes) WEISS/MANFREDI. Seattle Art museum: Olympic Sculpture Park. https://weissmanfredi.com/projects/386-seattle-art-museum-olympic-sculpture-park (video: 3:39 minutes) Assignment: Discussion and Reflection Journal – Weeks 14 and 15 [due by Tuesday – Week 16 at 8:30 am], Quiz 10 [due by following Monday at 11:59 pm](SLO#5,7), Urban Nature Paper [due Wednesday – Week 16 at 11:59pm] (SLO#5,6,7) 	

IV. Student Learning Outcomes (SLOs)

At the end of this course, students will be expected to have achieved the <u>Quest</u> and <u>General Education</u> learning outcomes as follows:

Content: Students demonstrate competence in the terminology, concepts, theories and methodologies used within the discipline(s).

- SLO 1 Identify how urbanization and societal values has impacted natural and social systems. (Assessments: Quizzes and Journal Entries) (Quest 1, H)
- SLO 2 Define nature and society's interaction with nature in various contexts (Assessments: Quizzes, Journal Entries, and Photo Montages) (Quest 1, H)
- SLO 3 Describe and explain the principles, practices, and techniques related to how urban nature provides human health (physiological and psychological), environmental, and social benefits to society. (Assessments: Quizzes, Journal Entries, Photo Montages, Urban Nature Paper) (Quest 1,H)

Critical Thinking: *Students carefully and logically analyze information from multiple perspectives and develop reasoned solutions to problems within the discipline(s).*

• SLO 4 – Analyze historically significant and everyday local urban nature sites and how they provide human health, environmental, and social benefits (Assessments: Photo Montages, Journal Entries, and Urban Nature Paper) (Quest 1,H)

Communication: Students communicate knowledge, ideas and reasoning clearly and effectively in written and oral forms appropriate to the discipline(s).

 SLO 5 – Communicate your understanding of urban nature and its benefits orally, in writing, and in graphic forms. (Assessments: Journal Entries, Photo Montages, and Urban Nature Paper) (Quest 1, H)

Connection: Students connect course content with meaningful critical reflection on their intellectual, personal, and professional development at UF and beyond.

- SLO 6 Experience urban nature and reflect on your experiences as they relate to the theories, principles, and concepts discussed in the course. (Assessments: Journal Entries, Photo Montages, and Urban Nature Paper) (Quest 1)
- SLO 7 Reflect on how the concepts in this can be applied to your future pursuits (Assessments: Journal Entries) (Quest 1)

V. Quest Learning Experiences

1. Details of Experiential Learning Component

There will be multiple experiential assignments where students will explore, analyze, and reflect on urban nature sites located on campus or in the surrounding areas. These assignments will require photographic documentation as well as sketching. These experiences are reflected in the weekly schedule and assignment descriptions.

2. Details of Self-Reflection Component

The discussion and reflection journal is the primary self-reflection component through the course. However, students will also have opportunities to self-reflect through the experiential assignments and the urban nature paper.

VI. Required Policies

Attendance Policy

Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies that can be found at: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

Students Requiring Accommodation

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting <u>https://disability.ufl.edu/students/get-started/</u>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

UF Evaluations Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at https://gatorevals.aa.ufl.edu/students/. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via https://ufl.bluera.com/ufl/. Summaries of course evaluation results are available to students at https://gatorevals.aa.ufl.edu/public-results/.

University Honesty Policy

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code

(<u>https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/</u>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

Counseling and Wellness Center

Contact information for the Counseling and Wellness Center: <u>http://www.counseling.ufl.edu/</u>, 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

The Writing Studio

The writing studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Visit the writing studio online at http://writing.ufl.edu/writing-studio/ or in 2215 Turlington Hall for one-on-one consultations and workshops.

In-Class Recordings

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A "class lecture" is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To "publish" means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.