IUF 1000: What is the Good Life?

Head Instructor

Dr. Archie “Chip” Birkner, Assistant Professor of Music
Email: chipbirk@ufl.edu
Phone: 352-273-3170
Office: Steinbrenner Band Hall Room 0105
Office Hours: Mon & Wed Period 2 and by appointment

Lectures

Monday and Wednesday Period 3 in Pugh Hall 0170
Discussions

Consult the Registrar’s Schedule of Courses for the times and locations of the discussion section meetings.

Course Description

Drawing on the disciplines that make up the Humanities and the considerable resources at UF in support of the Humanities, this course investigates the very nature and experience of being human. Applying multi-disciplinary and cross-cultural approaches to explore what is a good life, students consider the cost of the good life, examine how people have chosen to live as members of local and global communities, and analyze conceptions and expressions of beauty, power, love, and health.
Part 1 (Individual) and Part 2 (Society) of the course consist of “gateway” works, which are common to all sections regardless of instructor, and “pillar” works, which the individual instructors assign to their own sections. Faculty select pillars to complement the gateways while also drawing on their own areas of interest and expertise. For Part 3 (Special Topic), students explore in depth a special topic, designed by their instructor. The Special Topic provides a synthesis of the materials covered in Parts 1 and 2. For Part 4 (This I Believe), students reflect on what they have learned through a short audio essay.

**Course Objectives**

Students are provided instruction in multi-disciplinary approaches used in the humanities to study the good life through an analysis of juxtaposed works of art, architecture, history, literature, music, religion, and philosophy.

- **Content Objectives:** Students will identify how different people from different societies across time conceptualize the good life, what meaning and value individuals ascribe to the lives that they live or want to live, and what are the choices, costs, and benefits of the good life.

- **Communication Objectives:** Students will communicate concepts, expressions, and representations of the good life clearly and effectively in written and oral form as stated in the rubrics of the course.

- **Critical Thinking Objectives:** Students will analyze the conflicts and tensions that arise between the individual and the community, the normative and the exceptional, culture and nature, needs and wants, pleasure and happiness, short-term benefits and long-term consequences of the pursuit of the good life. They will critically evaluate the costs and benefits of the good life in order to make sound decisions.

**Course Format**

Sections meet in the classroom four days per week for a total of four periods (75 minutes per period): Monday and Wednesday for lectures, delivered by the head instructor, and Tuesday and Thursday for a classroom discussion, led by the TA. The final contact hour is an asynchronous, online discussion in Canvas.

**Common Activities**

This course expects students to become actively engaged in experiences unique to UF. Students will participate in some of the following Common Activities: The Good Life Performance, the Good Life Nature Activity at the Florida Museum of Natural History, and/or the Good Life exhibit at the Harn Museum of Art. More information about these activities can be found on the course’s Canvas page.

**The University Humanities & General Education Requirements**

IUF 1000 fulfills the UF Core requirement and 3 credits of the Humanities General Education Requirement.
**Students Requiring Accommodations**

Please do not hesitate to ask for accommodation for a documented disability. Students requesting accommodation must first register with the Dean of Students Office: [http://www.dso.ufl.edu/drc](http://www.dso.ufl.edu/drc). The Dean of Students Office will provide documentation to the student, who must then provide this documentation to the Instructor when requesting accommodation. Please ask the instructor if you would like any assistance in this process.

**Texts**

Required readings and materials for the course consist of two types: “Gateways” and “Pillars.” Gateways are common to all sections of IUF 1000 regardless of the instructor. Pillars have been chosen by the individual instructors.

All required readings and materials are on the course’s [Canvas](https://canvas.ufl.edu) webpage, except for the following work, which is available in local bookstores and online retailers either as eBooks or paperbacks:


**Assignments and Requirements**

1. A forty-five-minute Midterm Exam in lecture on **Wednesday, July 18**. (200 points, 20% of the course grade)

2. Analytical Essay (1,000-1,250 words) **due 8:00 AM on Friday, August 3** in Canvas. Detailed instructions will be supplied prior to the due date. (250 points, 25% of course grade)

3. This I Believe (TIB) Audio Essay. Instructions and deadlines for each part of the assignment are in Canvas. (90 points, 9% of course grade)

4. Discussion Activities. (340 points, 34% of course grade)
   a. Participation in weekly discussions. (80 points)
   b. Eight Discussion Board Posts. (240 points)
   c. Essay Outline and Draft. (20 points)

5. Common Activities. (20 points, +20 extra-credit points, 2% of course grade)
   Students receive twenty points for completing either the Good Life Tour of the Harn or the Good Life Tour of the Florida Museum of Natural History. Students who complete both tours and submit Adobe Spark Stories for both activities may receive up to 20 extra credit points.

6. Attendance in lecture and discussion. (100 points, 10% of course grade)
Assignment Summary

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance</td>
<td>100 points</td>
<td>10%</td>
</tr>
<tr>
<td>Discussion Activities</td>
<td>340 points</td>
<td>34%</td>
</tr>
<tr>
<td>Common Activities</td>
<td>20 points</td>
<td>2%</td>
</tr>
<tr>
<td>Midterm Exam</td>
<td>200 points</td>
<td>20%</td>
</tr>
<tr>
<td>Analytical Essay</td>
<td>250 points</td>
<td>25%</td>
</tr>
<tr>
<td>TIB Audio Essay</td>
<td>90 points</td>
<td>9%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>1000 points</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

*The final grade is rounded to the nearest whole number (e.g., 89.4% = 89% and 89.5% = 90%).

More information on grades and grading policy is available in the [Undergraduate Catalog](#).

Grade Scale and Value*

<table>
<thead>
<tr>
<th>Grade Scale</th>
<th>Grade Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>930-1,000 = A</td>
<td>A = 4.0</td>
</tr>
<tr>
<td>900-929 = A-</td>
<td>A- = 3.67</td>
</tr>
<tr>
<td>870-899 = B+</td>
<td>B+ = 3.33</td>
</tr>
<tr>
<td>830-869 = B</td>
<td>B = 3.00</td>
</tr>
<tr>
<td>790-829 = B-</td>
<td>B- = 2.67</td>
</tr>
<tr>
<td>750-789 = C+</td>
<td>C+ = 2.33</td>
</tr>
<tr>
<td>720-749 = C</td>
<td>C = 2.00</td>
</tr>
<tr>
<td>690-719 = C-</td>
<td>C- = 1.67</td>
</tr>
<tr>
<td>660-689 = D+</td>
<td>D+ = 1.33</td>
</tr>
<tr>
<td>620-659 = D</td>
<td>D = 1.00</td>
</tr>
<tr>
<td>600-619 = D-</td>
<td>D- = 0.67</td>
</tr>
<tr>
<td>0-599 = E</td>
<td>E = 0.00</td>
</tr>
</tbody>
</table>

**Academic Honesty**

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: ‘On my honor, I have neither given nor received unauthorized aid in doing this assignment’.”

The [Honor Code](#) specifies a number of behaviors that are in violation of this code and the possible sanctions. Both Plagiarism and the [Unauthorized Use of Materials or Resources](#) violate the Honor Code.

You may not use work that you submitted to another course to satisfy a requirement for IUF 1000 unless you receive express authorization.

Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.
**Students in Distress**

Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

**Other Policies, Rules and Resources**

1. **Assignments:** Assignments due in class should be handed directly to your TA. All other assignments must be submitted online in Canvas by their deadline.

2. **Attendance and Make-up Policy:** Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies: https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx

   - In the case of an absence due to participation in an official university activity, observance of a religious holiday, performance of a military duty, or any other university-approved absence (e.g., jury duty) which the student knows about in advance, the student is expected to notify the instructor of the conflict before the assignment is due, and if possible at the start of the semester.
   - If a student does not hand in the Analytical Essay on time and an extension has not been granted, there is 15-point deduction for missing the deadline and a 30-point deduction for every day that passes before the paper is submitted.
   - For all other assignments, students will not be granted an extension (beyond the grace period specified in the rubric) without an acceptable reason, such as an illness or serious family emergencies, in accordance with university policies on absences.

3. **Grading Policy:** If you have questions about your grade on an assignment, please make an appointment to meet with your TA within a week after the assignment has been returned so your TA can explain how you were graded. If after meeting with your TA, you wish to dispute your grade, you may email your instructor to request that the instructor re-grade the assignment. The instructor will then re-grade the assignment and the second grade will stand, regardless of whether it is higher or lower than the original grade. You may request re-grading or dispute a grade up to one week after the assignment has been returned to you or the grade released.

4. **Common Courtesy:** Cell phones and other electronic devices must be set to vibrate mode during class. Students who receive or make calls or text messages during class will be asked to leave and marked absent for the day. The instructors may ask a student engaging in disruptive behavior, including but not limited to whispering or snoring, to leave the class, and the student will be marked absent for the day.
5. **Counseling Resources**: Resources available on-campus for students include the following:
   
   a. University Counseling and Wellness Center, 3190 Radio Rd, 392-1575;
   
   b. Student Health Care Center, 392-1161; and
   
   c. Dean of Students Office, 202 Peabody Hall, 392-1261, umatter.ufl.edu.

6. **Course Evaluation**: Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at [evaluations.ufl.edu](http://evaluations.ufl.edu). Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at [https://evaluations.ufl.edu/results/](https://evaluations.ufl.edu/results/).

7. **Materials and Supplies Fee**: $10.65.
Part 1: The Individual

July 2-3: Thinking about the Good Life

Gateway

Extra-Credit Start-Here Quiz due 8:00 AM on July 3

July 5-10: Seeking the Good Life

Gateway

July 11-12: Embodying the Good Life

Pillars

- Susan Bordo, “Reading the Slender Body,” in Unbearable Weight: Feminism, Western Culture, and the Body (Berkeley: University of California, 1993), 185-212.

Part 2: Society

July 16-18: Fighting for the Good Life

Gateway

Pillar

Midterm Exam is in lecture on July 18

July 18-24: Sustaining the Good Life

Gateway

Pillar
• Sylvia Earle, “How to protect the Oceans.” TED, 19 February 2009, web.

July 25-26: Constructing the Good Life
Gateways
• Margaret Carr, Multimedia Lecture on Sacred Spaces.

Pillar

Part 3: Special Topic (Synthesis)

July 30-August 3: Creativity and the Good Life
Pillars

Essay is due 8:00 AM on August 3

Part 4: This I Believe (Reflection)

August 6-10: Achieving the Good Life
Pillars

Final Version of the TIB Audio Essay is due 8:00 AM on August 10

**Summer Holiday (No Classes)**

July 4: Independence Day
Photo Credits (clockwise from top-left corner):

- **El Anatsui,** “Old Man's Cloth” by Hahnchen, licensed under CC BY 3.0
- “Martin Luther King, Jr.” by Nobel Foundation, licensed under CCo 1.0
- “Aerial view of Castillo De San Marcos” by Historic American Buildings Survey, licensed under CCo 1.0
- “David Foster Wallace” by Steven Rhodes, licensed under CC BY-NC-SA 2.0
- “University Auditorium, University of Florida” by University of Florida, licensed under CCo 1.0
- “Wangari Maathai” by Oregon State University, licensed under CC BY-SA 2.0
- Domenico Ghirlandaiio, “Expulsion of Joachim from the Temple” by Web Gallery of Art, licensed under CCo 1.0
- Statue of the Buddha, Cambodia by Albert Dezetter, licensed under CCo 1.0
- “Sébastien Norblin, “Antigone donnant la sepulture à Polynice” by VladoubidoOo, licensed under CC BY-SA 3.0